



Pre-Operative Instructions

For your child's safety, you must follow the instructions below:

1. Please notify our office of any change in your child's health and/or medical condition. Fever, ear infections, nasal or chest congestion, or recent head trauma could place your child at increased risk for complications. Should your child become ill within 2 weeks of the sedation appointment, contact our office.
2. Nothing to eat or drink 4 hours prior to a conscious sedation appointment. If there is anything in the child's stomach (even water or a piece of cereal), that can increase the risk of vomiting and aspirating into the lungs, a potentially life-threatening problem.
3. Dress your child in loose-fitting, comfortable clothing. This will allow us to place monitors that evaluate your child's response to the medications and help ensure your child's safety.
4. Try not to bring other children to this appointment. This allows your child to undergo the procedure without distraction and influence of others, and allows you to focus your attention on your child.
5. It is recommended to have two adults accompany the patient home. On the way home, one adult should be able to sit in the back seat with the child especially if he/she falls asleep in the car.

You will be present when we administer the sedative medication(s), however, you cannot accompany the child in treatment room. Your child will be on monitors and we want our full attention on her/him.

Your child's coordination may be hindered due to the sedative, therefore we may need to use a passive restraint apparatus to ensure her/his safety

Once your child is in the treatment room, you must remain at the office throughout the sedation appointment. You may not leave the office for any reason.